

Presentation of Inner Structures of Reality in Film and Television History

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Inner reality structures form the basis of all physical existence and have been the subject of films for decades. The re-awareness of the inner origins and abilities is the next great step in the development of man, which will immeasurably promote the unfolding of his potential. The films presented here illustrate concepts that are also comprehensively described in the Seth material by Jane Roberts and Robert Butts.¹ All entries are accompanied by internet links to YouTube and other platforms.²

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¹The Seth material has an aspect of marketing opportunism that cannot yet be discussed publicly in the present age. Apart from that, however, it is absolutely recommendable knowledge worth its weight in gold.

²The PDF file contains color-framed text with hyperlinks, visible when reading in the browser or with a separate PDF viewer; the address is displayed when the mouse pointer is moved over it, clicking on it opens the web page in the web browser. It is printed without a color frame. When reading on a PC, you can switch between the application windows with the key combination ALT + TAB, read the Wikipedia article on this subject, “Alt-Tab”.

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1 Holistic Perspectives

1.1 The Probability System: “The Road Less Traveled”

“The Road Less Traveled”, The Twilight Zone, 1986, 23 minutes, WP article, IMDB entry, search.

Life paths are subject to choice, two or more possible paths are sometimes equally energized. In such and other moments, new probability lines emerge, new probable sibling selves, new versions of the self that are equally self-reflective and truly living their lives.³

New probable selves are constantly being born, at countless points in time and in all directions, in the future, present, past and also in lateral probability lines. There is an all-encompassing feedback system, a powerful exchange of information, whereby new probable offshoots are constantly being created, similar to a green lily that spreads its offshoots in all directions.

In “The Road Less Travelled” (1986), a teacher who escaped being drafted to Vietnam in young adulthood experiences increasingly direct breakthroughs of a probable lifeline.⁴

1.2 Simultaneous, Parallel Incarnations

The physical world on earth enables our basic training in the creative use of energy for the conscious organization of events and life. It is also a place where new insights for the spiritual world arise. Our incarnations⁵ take place simultaneously or parallel, we act in several places and in several ages at the same time, only the perception takes place with a time delay, in seemingly successive moments, according to Seth similar to slow motion.

The past never ceases to exist and constantly gives birth to new lines of probability; the same applies to the present and the future. Due to our superficially linear-temporal mode of operation, which makes sense to us and represents a necessity for action in

³Search with the “Seth Material” search engine: nowdictation.com/q/probabilities

⁴The probability system was already thematized in the first “The Twilight Zone” season, an astronaut temporarily tunes into a different event line before returning to his initial probability: WP-Artikel “The Parallel”, video on Dailymotion, “The Twilight Zone 1959 113 The Parallel”.

⁵Video lists on the topics discussed at youtube.com/@PeterJockisch/playlists: “Inner Reality Structures (innere Wirklichkeitsstrukturen)”, “Reincarnation”.

everyday life, we tend towards time-based explanatory models;⁶ the elements of language are also arranged sequentially. However, all activity takes place simultaneously. In this simultaneity, every consciousness lives both incarnations as a man and as a woman.

According to the Seth Material, in every physical life one encounters people already known from previous incarnations as well as new people; in addition, there are encounters, acquaintances, friendships and partnerships that take place exclusively on inner levels of reality.

1.2.1 Total Incarnation Body: The Hand Comparison

Imagine the fingers of a hand as incarnation bodies in the different ages. Each finger has its own ego focus point, its own brain and a face with eyes. They all belong to one overall incarnation body. The fingers do not exist one after the other, they are not “reborn” but live and act simultaneously. You, who act in several places and in different ages at the same time, can thereby look at yourself “mutually”, watch, become more and more aware of your parallel activities in the different ages.

In addition, each incarnation gives birth to its own probabilities, the prevailing feedback system is of incomprehensible complexity.⁷ According to Seth, a spiritual exchange takes place on an inner level between the different eras and their cultures; past, present and future inspire each other.

1.2.2 The Basic Facial Features prevail across all Incarnations

The absolute majority of love couples have practically mirror-image facial features, the similarity attraction principle is at work everywhere and even pairs of pigeons have mostly identical plumage patterns. In the well-documented cases of reincarnation, which

⁶Simultaneity does not mean the end of creative power, it does not amount to predestination or the death of creativity; already here apparent contradictions emerge, from the point of view of time-based interpretations of perception and time-based explanatory models.

⁷Everyday physical life and the “laws of nature” are supported by a highly complex organisational substructure of the spiritual world; consciousnesses or angels help and coordinate everywhere, to an unbelievable extent. Iris Paxino illustrates these aspects in her books on the angelic world, which are available in German and English. According to various authors, the life plan design is accompanied by highly complex calculations, milestones of the respective incarnation are already played through “in advance” in the spiritual world, milestone encounters or appointments are timed to each other, events are coordinated or synchronized. There is supposed to be a difference between déjà vu experiences and incarnation breakthroughs: Déjà vu experiences are often said to be based on a recognition of a life action that has already been played out during the stage rehearsal, on the memorization of a life plan premiere stage play scene for the “present” incarnation. Freedom of design is always given, changes can always be made, otherwise there would be no freedom of will, no possibility of learning. This life plan blueprint serves as a recommended guideline, a basic theoretical structure, and its physical implementation then provides the insights for the spiritual world. Another distinguishing criterion: vivid experiences perceived on an inner level do not necessarily have to belong to one’s own incarnation, they can also originate from the ancestral field, i.e. be an experience lived by an ancestor. Here is an excerpt from a lecture (German), referring to Leopold Sonnenschein’s basic research, time 1:12:38, “Geheimnis Sexualität & Mann und Frau - Geisteswissenschaft TV” (August 30, 2024).

are supported by credibility, it can be seen that the basic facial features of a consciousness prevail across incarnations, and the characteristic features remain the same. Examples:

Jenny Cockell and Mary Sutton⁸, Carl Edon and Heinz Richter (*Daily Mail* article from October 23, 2018)⁹, “James Leininger resp. James Houston”,¹⁰

Rudolf Steiner’s total incarnation body is also said to include the Aristotle and Thomas Aquinas incarnations. Axel Burkart in conversation with Felix van Frieden.¹¹

1.2.3 Jenny Cockell

Jenny Cockell has been aware of her various incarnations since early childhood and has made substantial contributions through books and talks. Introductory video: “The Phil Donahue Show episode featuring Jenny Cockell (1994)”, 44 minutes; “Yesterday’s Children and Past Life Memories | An Interview with Jenny Cockell”, search for Jenny Cockell.

1.2.4 One Step Beyond: “Nightmare”

“One Step Beyond’: Nightmare”, 25 minutes, IMDB entry, WP article, search.

A painter feels the strongest attraction to a woman seemingly unknown to him, whom he repeatedly sees and paints with his mind’s eye. He even addresses his female partner by a different name. As the breakthroughs become more and more intense, he travels to Cornwall on the English coast, following inner promptings.

1.2.5 “I’ve Lived Before”

“I’ve Lived Before”, 1956, 81 minutes, WP article, IMDB entry, search.

After an encounter with a female passenger during the flight, Captain John Bolan experiences overwhelming information breakthroughs from another life while still in the air: Suddenly he finds himself in the middle of a battle with fighter pilots. Overwhelmed by the impressions, he loses control and it is only at the last moment that his co-pilot manages to make an emergency landing. From then on, Bolan does everything he can to find out who is behind what he has experienced.

1.2.6 “A Dog’s Purpose”

“A Dog’s Purpose” (film clips), 2017, WP article, IMDB entry.

A consciousness incarnated in the body of a dog sets out in the course of its physical lives (“rebirths”) in search of its first owner, Ethan. After reaching this milestone, however, it takes a while before Ethan finally realizes who is standing in front of him. In

⁸“Yesterday’s Children and Past Life Memories | An Interview with Jenny Cockell”, 49 minutes.

⁹“Carl Edon’s Past Life Beyond Chance”, 15 minutes.

¹⁰“The Case of James Leininger (ABC Primetime, Dr. Jim Tucker, Fox & Friends, etc)”, 32 minutes. Also see “Is There Life after Death? Fifty Years of Research at UVA”, 62 minutes.

¹¹Axel Burkart in conversation with Felix van Frieden, “‘Wird das Leid größer?’- Geisteswissenschaft TV”, direct jump to minute 14:14.

the sequel, “A Dog’s Journey”, Ethan and Bailey then pursue a mission together, helping a family member across incarnations. Ethan and Bailey meet again in the afterlife.

Seth notes in the book “Seth Speaks” (1972) that the development of consciousness in animals is immeasurably accelerated by people who are friendly to them. While every human being has a “subconscious” (translator consciousness) and an inner self (guardian angel) as an assistant, animals are supposed to belong to a group soul according to Rudolf Steiner: The siblings or the litter are connected together via their higher instance, the group soul. Of course, there are also lasting friendships between animals and humans across incarnations. The Seth material mentions the reincarnation of a former dog of Jane Roberts and Robert Butts, Micah; see also Jonathan Dilas’ article “Inneres Wissen: Was Katzen fühlen und denken” (“Inner Knowledge: What Cats Feel and Think”).

Animals may not (yet) have developed an ego-consciousness like us, the recommendations of their instincts are still more binding for them, whereas we can heed or reject inner impulses. However, the scope of their decision-making is significant and, of course, they also have a world of thoughts, they think. According to Seth, there is no specific cat consciousness, but simply a consciousness that wants to have the experiences of a cat. With increasing development of consciousness, with increasing complexity of consciousness, changes of species are supposed to become possible.

1.3 Awake Conscious Frequency Changes and Out-of-Body Projections

1.3.1 Dream Symbolism

The perception of the inner levels of reality is highly individual: there is no universally valid dream symbolism.¹² Everyone is encouraged to explore his living set of symbols, to find out what facts his symbols represent. The inner instances can be asked for help in decoding them.

The development of a free, critically scrutinizing consciousness is one of the major goals of earthly existence, the other is the development and cultivation of the inner senses, the inner perceptive apparatus, for the greatest possible undistorted communication and perception on an inner level. Information channels can mix with each other. The more practiced the focusing of consciousness and interpretation becomes, the more undistorted and authentic the results are. In the Seth material, “dreams” are also referred to as dual-hybrid constructions, as a translation, a synthesis of symbols from the inner and outer world takes place; it is advisable to keep a dream diary in note form.

The symbolic appearance of a person can have different meanings: It may stand for a certain quality or (behavioral) characteristic or symbolize, represent a theme. It may also belong to a separate line of probability. Or it may actually be the consciousness (individual) in question itself, which telepathically sends a message or is present, or which is encountered in the context of a self-initiated out-of-body visit. Apart from other possible explanations: There are also disinformation agents on inner level, this system is a learning system and as such players and antagonists act. Some are supposed to show themselves, in terms of their outward appearance, as people they are not. In

¹²According to Seth, there are supposed to be shared religious symbols in certain epochs.

case of doubt, however, it should be easy to unmask them. Authentic communication between the physically incarnated and the physically deceased, on a friendship or kinship level, is usually clearly recognized as such.

The subconscious and inner self (classically: guardian angel) are always helpful in the exploration of inner realities and in the interpretation of dreams. Both are waiting to be actively addressed, to receive instructions and, through an initial, systematic cultivation of contact on the part of the ego-consciousness, to raise it to a higher (perceptual) level for its maximum development of abilities in all areas of life.

Just as there are different landscapes, there are also different inner levels of reality. With classic analog radio, the corresponding frequency is set using the transmitter control. Through practice, you will be able to tune into inner levels of reality at any time and choose the appropriate frequency or focus of consciousness.

In the present transitional phase of the fading age of materialism, the majority is not yet aware of the change in consciousness frequency. People are still unconsciously switching from physical perception to inner realities. They practically sleepwalk towards a door with their eyes closed and open it. Then they wake up, find themselves on inner planes, plan and arrange the next day there, coordinate events, gather information, go on out-of-body journeys, meet other people, etc. The later refocusing to the physical frequency of consciousness is just as unconscious, they sleepwalk again towards an exit door with their eyes closed, close it unconsciously behind them and wake up again in the physical: “What a dream I had!”.

1.3.2 “Snoopy Come Home”

“Snoopy Come Home”, 1972, 80 minutes, WP article, IMDB entry.

Peanuts creator Charles M. Schulz knew about consciousness frequency changes and out-of-body projections and addressed one of the numerous practical applications in “Snoopy Come Home”.

Lila, Snoopy’s former owner, is seriously ill and writes to him asking for support and help. Accompanied by his friend Woodstock, Snoopy sets off, but both soon learn that they are excluded from public transportation and have to walk.

In one of the film’s most symbolic scenes, they spend the night at a crossroads, an intersection between the outer and inner worlds, where a flock of geese fly in formation passing the full moon scenery.

Schulz illustrates here the predominantly still unconscious out-of-body projections or journeys: Snoopy and Woodstock step out of their dormant physical bodies, float upwards, with drowsy expressions on their faces. Then they set off to explore the terrain ahead of them.

They look for a practical solution for the coming day, they go out-of-body into the forest and search for the right hiking route. With this information gathered during the sleep state, they then manage to find the way to Lila the next day.

The spatial-geometric perception during such out-of-body projections can correspond 1:1 to the physical sensory perception, or it can be symbolically extended: places, streets and squares may appear wider and much larger, as a symbol of the holistic inner expanse;

dream symbolism is always highly individual. In the Seth material it is stated that one can, for example, look out of the window of a room and perceive how the scenery of this place appears in the different ages, superimposed.

Such projections also take place again and again during the day, during normal everyday (working) life, whether consciously or unconsciously.

The American original (80 minutes) can be watched in two parts on Dailymotion (Part 01, part 02. Here, in “Snoopy Come Home Movie Part 2 of 2”, as the entry point the arrival at the railroad underpass (minute 06:24) and the direct jump to the out-of-body projectio (minute 08).

1.4 Parents and Children: Prenatal Contact

Children and parents choose each other, the birth is preceded by a comprehensive phase of getting to know each other before the entry into the physical system takes place. The entering consciousness, which is looking for a suitable environment, already has a previous history and is distinguished by characteristic traits; a basic life plan with focal interests and targeted milestones, including appointments,¹³ is also already in place.

This is why the meanings of people’s names so often have a real connection to their nature: The parents already know many character traits of their future child, through previous communication on an inner level. This is very often taken into account when choosing a name. The external, physical image is also already apparent, is already visible on an inner level.

1.4.1 “Little Boy Lost”

“Little Boy Lost”, “The Twilight Zone”, 1985, 20 minutes, WP article, search.

A consciousness searches for a suitable point of entry into physical reality and initially contacts a woman it considers suitable as a mother.

2 Perception of Time as a Basis for Interpretation

2.1 “The Love Letter”, 1998

“The Love Letter”, 100 minutes, 1998, WP article, IMDB entry, search.

Scott Corrigan, incarnated in 1998, discovers in a secretary historical love letters written by a lady incarnated in 1863, Elizabeth Withcomb, which she had written to an imaginary love partner.

Both manage to exchange physical letters across the ages, i. e. 135 years apart.

Elizabeth falls in love with Scott. Soon after, however, in her time period, she also falls in love locally, with a bluecoat,¹⁴ Colonel Caleb Denby, who has been recruited for

¹³Life plan agreements can be kept or not, freedom of will and freedom of choice are always given, even if there may be unavoidable, planned milestone experiences.

¹⁴There are no state structures. Central introductory video on the YouTube channel Conrebbi, in German: “Geschäftswerdung der Welt”, July 04, 2013, 14 minutes, URL: https://www.youtube.com/watch?v=mp4JqQkq_60

the *War of Northern Aggression*. Elizabeth finally realizes from her 1863 point in time that the 1998-Scott and the 1863-Caleb are one and the same, i.e. one and the same consciousness or individual, that both belong to the same total incarnation body and that there are only different ego focus points.

Due to various circumstances, an exchange of letters is no longer possible. Standing at Elizabeth's historic grave, however, Scott is in for a surprise.

Special Features: The movie "Love Letter" illustrates that our incarnations occur simultaneously, that there is an exchange and breakthroughs between the ages, and that the basic facial features are maintained across incarnations.¹⁵

Also in the 19th century, Caleb and Elizabeth feel their bond, which encompasses their incarnations. As the plot unfolds, the barriers of time perception dissolve, accompanied by an awareness of the true nature of time. The exchange of information, the reciprocal effects and the interaction between the ages and incarnations are experienced vividly and with full force. "Love Letter" is a milestone of the holistic movies of the Anglosphere.

Our consciousness is active in several places at the same time, in different ages and bodies, only the *perception* of the processing of experience is delayed, in the form of seemingly successive moments perceived one after the other. It is the overall processing of the experiences made that is experienced as if in slow motion by the consciousness in basic physical training. Only superficially does one appear to wander from moment to moment, but the respective points of attention, the respective ego-incarnation focus points exist simultaneously in parallel and all belong to one and the same consciousness, which is accompanied by its inner self (guardian angel) across incarnations in the training process.

The piano player comparison for incarnation focus points, for attention concentration points: The fingers of one hand (total incarnation body) act seemingly independently of each other and are simultaneously incarnated on the piano, focusing or concentrating on the keys to be played, on the musical notes to be tuned for the overall composition. They seem to lead separate lives of their own at their respective places of activity, but they all belong to one and the same consciousness: The piano player, the consciousness in basic physical training that is active in several places and in different bodies and ages at the same time.

2.2 "A Message From Charity", 1985

"A Message from Charity", 38 minutes, 1985, WP article, search.

A young man, focused in a probable 1985, and a young woman, incarnated in the year 1700, experience vivid joint perceptual breakthroughs during a body recovery process. The resulting connection is so strong that from then on both are able to switch at will to the physical sensory perception of the other, practise unlimited telepathy and also communicate with each other in spoken language. They fall in love, across incarnations.

¹⁵Every human being or every consciousness in basic physical training lives incarnations as a man and as a woman. Intellect and intuition are not a gender privilege but are equally inherent in both.

3 Art as a Consciousness Frequency Lifter

Art in its original sense not only creates a sense of harmony in the viewer. Ideally, it promotes attunement to inner realities, builds bridges to the spiritual world, creates an interface to the divine. The sabotage of the art and culture industry by its opponents was the logical consequence. Roger Scruton's film "Why Beauty Matters" (2009, 59 minutes, Video on Vimeo) sheds light on the nature and effect of art.

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